



Department of  
**EMERGENCY MEDICINE**  
SRI GURU RAM DAS UNIVERSITY OF HEALTH SCIENCES  
SRI AMRITSAR

Organising

CME



The   
**GOLDEN**  
-**HOUR** 

*Excellence in  
Emergency Care*

24th June 2026



**BIOCHEMISTRY HALL**

SRI GURU RAM DAS INSTITUTE OF MEDICAL SCIENCES & RESEARCH  
MEHTA ROAD, VALLAH, SRI AMRITSAR (INDIA)

# Scientific Programme

| Time             | Topics  | Speaker   |
|------------------|---|---|
| 08:00 – 09:00 am | Registration  |   |
| 09:00 – 09:30 am | Emergency Medicine Pearls: Approach to the Critically Ill Patient                             | <b>Dr. Pooja Abbi</b><br>Associate Professor,<br>Dept. of Emergency Medicine,<br>SGRDIMSR, Amritsar                   |
| 09:30 – 10:00 am | Trauma Resuscitation: Optimizing Outcomes During the Golden Hour                              | <b>Dr. Ruchi Gupta</b><br>Professor & Head,<br>Dept. of Anaesthesia,<br>SGRDIMSR, Amritsar                            |
| 10:00 – 10:30 am | Inauguration  |   |
| 10:30 – 11:00 am | Tea Break   |   |
| 11:00 – 11:30 pm | Point-of-Care Ultrasound (POCUS) in Shock: A Bedside Game Changer                             | <b>Dr. Jonny Dhawan</b><br>Assistant Professor (DrNB),<br>Dept. of Anaesthesia & Critical<br>Care, SGRDIMSR, Amritsar |
| 11:30 – 12:00 pm | Respiratory Emergencies: Early Recognition and Management of Acute Respiratory Failure        | <b>Dr. Vishal Jarewal</b><br>HoD, Dept. of Anaesthesia &<br>Critical Care, Amandeep<br>Medicity, Amritsar             |
| 12:00 – 02:00 pm | Heart Failure and Shock   | <b>Dr. Swaiman</b><br>Assistant Professor,<br>Dept. of Cardiology,<br>University of California                        |
| 02:00 – 02:30 pm | Lunch   |   |
| 02:30 – 03:30 pm | Toxicological Emergencies: Rapid Recognition, Resuscitation and Antidotal Therapy             | <b>Dr. Shruti Sharma</b><br>Associate Professor,<br>Dept. of Critical Care,<br>DMC, Ludhiana                          |
| 03:30 – 04:30 pm | Acute Coronary Syndromes and Cardiac Emergencies: Time-Critical Interventions                 | <b>Dr. Sachreet Kaur</b><br>Associate Professor,<br>Dept. of Anaesthesia & Critical<br>Care, SGRDIMSR, Amritsar       |
| 04:30 – 05:30 pm | Panel Discussion on "Challenges in Managing Time-Critical Emergencies During the Golden Hour" | <b>Dr. Ruchi Gupta</b><br><b>Dr. Pooja Abbi</b><br><b>Dr. Sachreet Kaur</b><br><b>Dr. Jonny Dhawan</b>                |
| 05:30 – 06:00 pm | Valedictory Function Followed By Tea  |   |